

SITNO SEVERNJAŠKO HORO  
(Bulgaria)

The title can be translated as "small stepped dance from the ethnographical region of Severnjaško (North Bulgaria)". "Sever na Bulgaria" or "Severnjaško" is Bulgaria's largest ethnographical region. It can be divided into subregions according to the differences in dance styles. This dance, for example, is typical for the plain area north of the town Veliko Tarnovo. Among the most typical dances in 2/4 meter are "Sitno Horo", "Sitnata" and "Jadžiiskata."

"Sitno Severnjaško Horo" is composed of "Sitnata" variations which Jaap Leegwater learned from Jordan Jordanov in the town of Russe in the spring of 1976. The music was supplied by the North Bulgarian accordianist, Ivan Cokoev, who has a great knowledge of authentic melodies in his area.

Pronunciation:

Record: LP "Folk Dances from Bulgaria -3" by Jaap Leegwater  
JL 1985.01 Side B/6 2/4 meter






Formation: Half circle; hands at waist (Part 1); loose (Part 2);  
joined in "V" pos or belt hold (L over) (Part 3).

Style: Small energetic and bouncy steps; sharp knee lifting;  
jumpy character.

<u>Meas</u>	<u>Pattern</u>
4 meas	<u>Introduction.</u>

	<u>Part 1</u>
1	Facing ctr, moving sdwd R, hands at waist, lift R knee (ct & before ct 1), step on R sdwd R (ct 1); bend R knee lifting L knee (ct &); step on L ft next to R (ct 2); bend L knee, lifting R knee (ct &).
2-4	Repeat meas 1 three more times.
5	Hop on L ft, lifting R knee (ct 1); step on R ft next to L (ct &): step on L ft in front of R (ct 2); step back on R ft in place (ct &).
6	Step on L ft next to R (ct 1); step on R ft in front of L (ct &): step on L ft back in place (ct 2); step on R ft next to L (ct &).
7-8	Facing ctr, moving slightly fwd ctr, step on L ft. Hop on L ft, lifting R knee. Step on R ft. Hop on R ft. Step on L ft next to R ft.
	Note: The rhythm for meas 7-8 is S,Q,S,Q,S
9-32	Repeat meas 1-8 three more times.

SITNO SEVERNJAŠKO HORO (Continued)Part 2

- 1-2 Facing and moving in LOD, hands loose at sides, 4 big walking steps, beg R ft.
- 3-4  Hop on L ft, R heel touches the floor, no wt, and moving R hand up.
-  Leap onto R ft, swinging L heel behind and clap both hands in front of the body.
-  Step on L ft, moving R arm down and L arm up.
-  Leap onto R ft.
-  Step on L ft, moving R arm up and L arm down
- Note: The rhythm for meas 3-4 is Q,S,S,Q,S.
- 5-16 Repeat meas 1-4 three more times.

Part 3

- 1 Facing ctr, moving sdwd R, hands joined at sides or belt hold (L arm over), step on R ft (ct 1); hop on R, lifting and moving L knee from L out to straight in front (ct 2).
- 2 Step on L ft across in front of R (ct 1); hop on L, lifting R ft behind (ct 2).
- 3 "Fall" onto R ft in place, lifting L knee (ct 1); step on L ft next to R toes, straightening both knees (ct &), repeat cts 1,& (cts 2,&).
- 4 "Fall" onto R ft in place, lifting L knee (ct 1); stamp L ft, no wt, next to R toes (ct &); "fall" onto L ft, raising R heel out sdwd R (ct 2); hold (ct &).
- 5 Place R heel in front (ct 1); hold (ct 2).
- 6 Raise R heel out sdwd R (ct 1); hold (ct 2).
- 7 Step on R ft across in front of L (ct 1); step back on L ft in place (ct &); step on R ft slightly sdwd R (ct 2); step on L ft across in front of R (ct &).
- 8 Step back on R ft in place (ct 1); step on L ft in place (ct &); step on R ft in place (ct 2); lift L knee (ct &).
- 9-16 Repeat meas 1-8 with opp ftwk and direction.
- 17-32 Repeat meas 1-16.

Description by Jaap Leegwater

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